

Surface hygiene

In addition to following proper hand hygiene routines, cleaning and disinfecting surfaces is equally important to slow down spread of viruses and kill bacteria. Contaminants can stay on surfaces and continue to be a threat for days if not removed properly.

Cleaning and disinfecting surfaces



Wear gloves

- Wear gloves for cleaning procedures. Gloves should be discarded after each cleaning. If using re-usable gloves, they should be dedicated for cleaning and disinfecting surfaces of certain zones in the working area.
- Wash hands immediately after gloves are removed
- Dry your hands thoroughly with a single-use paper towel to prevent spread of microorganisms



Clean dirt from surfaces

 Dirty surfaces must be cleaned first by using a detergent or soap, water and a disposable cloth prior to disinfection. Parts of bacteria and viruses can be mechanically removed this way.



Disinfect surfaces

- To properly disinfect, use an approved disinfectant and a disposable cloth. If using an alcohol-based product, use one with a minimum of 70% alcohol (i.e. Ethanol or Isopropyl alcohol). Always follow the manufacturer's instructions for all cleaning and disinfection products (e.g. concentration, application method, contact time, etc.). Do not mix chemicals unless stated in manufacturer's instructions.
- Check product expiration date. Expired chemicals will not disinfect effectively.

Important routine cleaning and disinfecting information

Clean and disinfect high-touch

- surfaces at least once a day:tables and seating/benches
 - door knobs/handles
- locker doors
- light switches
- toilets
- taps
- sinks
- machine controls
- equipment panels
- workstations/desks
- chairs
- keyboards/computer mice
- printers
- telephones
- vending machines
- lift buttons
- shared tools or measurement equipment

Clean then disinfect

Disinfecting must be done with a disinfectant product appropriate for the surface. Follow label instructions on product for safe and effective use including precautions.

One & done

One surface per single side of a wiper or cloth when cleaning and disinfecting.

Solutions for surface cleaning and disinfection*

Tork wipers are disposable therefore each newly dispensed wiper is fresh and clean. Dispensers help protect wipers from contamination. Tork offers a variety of cloths that can be used with multiple disinfectants in a variety of dispensers to match your needs.

These Tork cloths can be used with solvents, detergents and disinfectants**:



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Tork Reflex[™] Portable Centrefeed System

Simplify the sanitising process with this portable, single sheet dispenser.

- Spray sanitiser on the surface, leave it for a certain duration of time based on producer's instructions. Take a sheet from the dispenser and wipe the surface
- It is splash proof and fully enclosed to protect the wipers from contamination
- It is certified by HACCP International
- It's easy to carry around or attach to a cleaning trolley, so a proper cleaning and sanitising solution is always available

Tork Cleaning Cloths with exelCLEAN® technology

Tork Cleaning Cloths

Tork Cleaning Cloth is soft and flexible, supple enough for cleaning in small spaces and details. It can be used with disinfectants and detergents.

Tork Heavy-Duty Cleaning Cloths

Tork Heavy-Duty Cleaning Cloth is a multipurpose, strong, versatile cloth, suitable for all kinds of environments. It can be used with disinfectants and detergents.

Tork Long-Lasting Cleaning Cloths

Tork Long-Lasting Cleaning Cloths can help eliminate cross contamination. With cloths available in four colours, plus a white version, they help to co-ordinate cleaning processes across different site locations.

- · Works well with solvents, detergents and disinfectants
- Thick and durable cloth, designed for repeated use
- Suitable for use wet or dry without the risk of tearing
- Rinse and re-use thanks to the cloth structure
- Approved for short term contact with food

The white Tork Long-Lasting Cloth can be sterilised at 180° C if needed and can be used several times.

General advice

You can deter the spread of microorganisms and conserve disinfectant by using a bucket, Tork Long-Lasting Cleaning Cloth and disinfectant solution.

If you do not have a special system, you can prepare your own:

- 1. Take a simple bucket
- **2.** Place a few sheets of Tork Long-Lasting Cleaning Cloths into the bucket

- **3.** Pour properly diluted disinfecting solution into the bucket based on manufacturer's instruction
- Use a fresh cloth each time you prepare new solution
- Change the solution regularly (e.g. every 2-4 hours). Tip: you can use a sticker to note when solution was prepared
- When changing solution, pour it out, rinse bucket with fresh water, dispose of cloth and take a fresh one
- The cloth should not be left to dry out outside of the bucket as this renders the disinfectant ineffective



To learn more, download the Tork Safe at Work Toolkit at: tork.co.uk/safeatwork or tork.ie/safeatwork



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