

Dining & Hygiene in the New Normal

We Know How COVID-19 is Spread...

According to the CDC,¹ COVID-19 spreads easily between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs, sneezes, or talks.

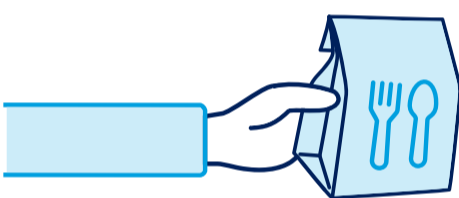


...And Dining Out Calls for Extra Precautions



When dining out, people come into contact with new environments that could harbor pathogens. Since the average person touches their face 15-23 times an hour, there's increased risk of germ spread.²

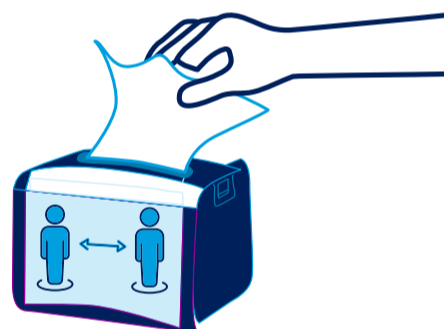
The Case for Using a Napkin



There is no evidence of any kind that an exposed napkin tail presents a health risk.

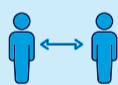
Napkins are hygienically protected within a dispenser, providing a dry environment which is unsuitable for viral survival. Therefore, napkins provided in dispensers should not give rise to concern regarding germ transmission.³

67% of customers at a full-service restaurant prefer receiving their napkins via an enclosed dispenser on the table vs. restaurant staff bringing napkins to the table.⁴



Hygiene Best Practices for Food Service Facilities & Cafeterias⁵

As more people begin eating away from home in restaurants and at work, employers should:



Enable employees to maintain 6ft of distance from one another.



Educate employees about when they should **stay home** and when they can return to work.



Require **frequent employee handwashing** with soap and water for at least 20 seconds and increase monitoring to ensure adherence.



Provide hand sanitizer so that **employees can sanitize their hands** when soap and water is not readily available and hands are not visibly dirty.



Require the use of **cloth face coverings** among all staff, as feasible.



Ensure **adequate supply of hygiene supplies, including napkins**, to support healthy hygiene behaviors.



Post signs in highly visible locations that **promote everyday protective measures** and describe how to stop the spread of germs such as by properly washing hands and wearing a face covering.

¹ <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html>

² Kwok, Gralton, McLaws. American Journal of Infection Control (2015). Face Touching: A Frequent Habit That Has Implications for Hand Hygiene

³ Ren SY, Wang WB, Hao YG, et al. Stability and infectivity of coronaviruses in inanimate environments. World J Clin Cases. 2020;8(8):1391-1399. doi:10.12998/wjcc.v8.i8.1391

⁴ 2020 Survey conducted by Technomic in cooperation with Essity in July 2020. The survey covered the U.S., with a total of 1,000 respondents

⁵ <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/business-employers/bars-restaurants.html>



Think ahead.