

Productivity hack...

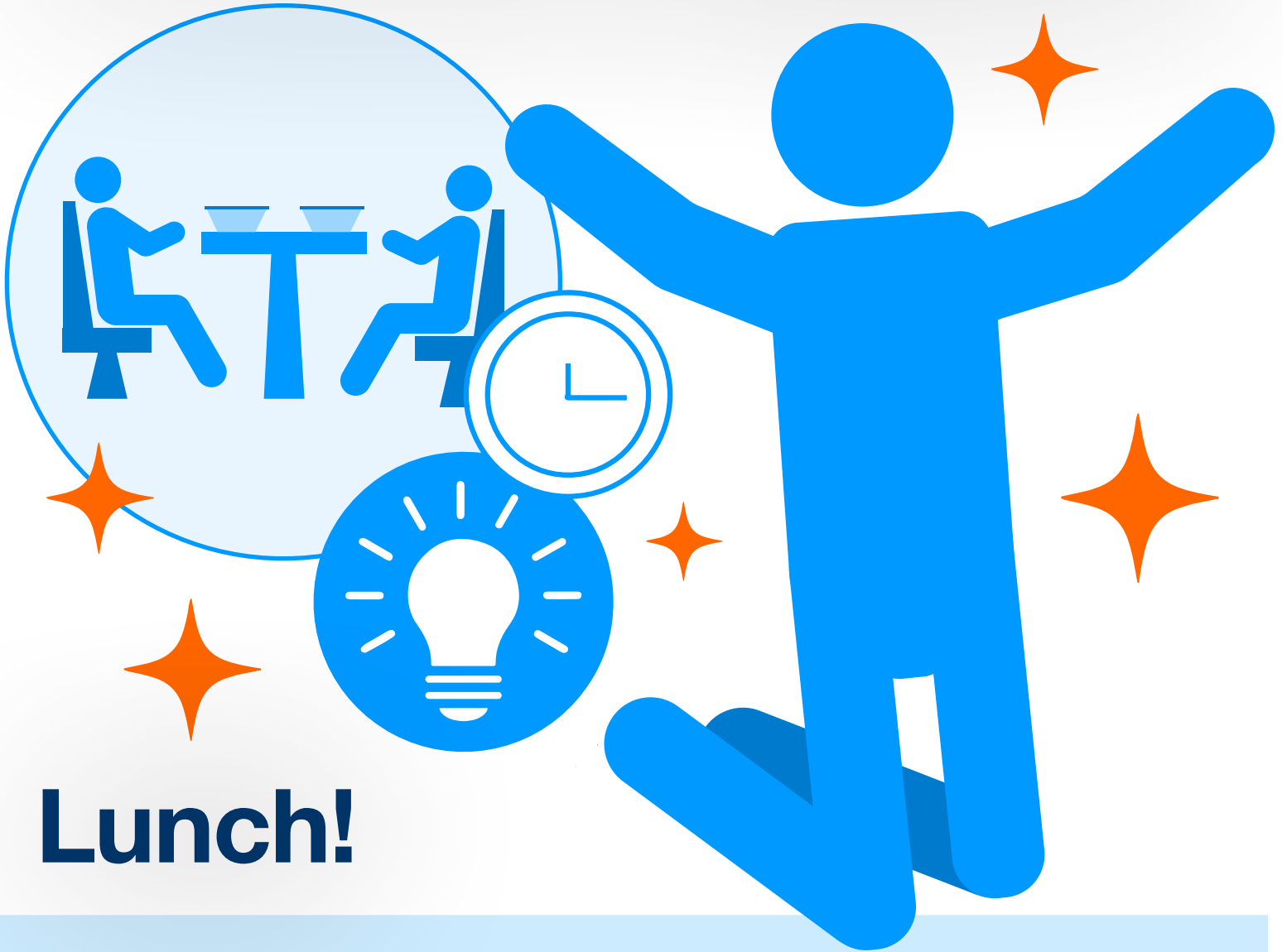


While over 90% of bosses agree taking a break is an essential part of maintaining mental focus and work productivity, over 50% of people don't take a daily lunch break!

So, ditch the desk lunch and Take Back the Lunch Break – your boss will thank you.

Source: 3rd party custom survey on working habits and lunch behavior (n=1000 US, 600 CA), 2021.

The secret to happiness?



Lunch!

94% of workers feel happier when they can take a lunch break during the workday. So, sit down and stay awhile!

Do yourself a favor and Take Back the Lunch Break.

Source: 3rd party custom survey on working habits and lunch behavior (n=1000 US, 600 CA). 2021.