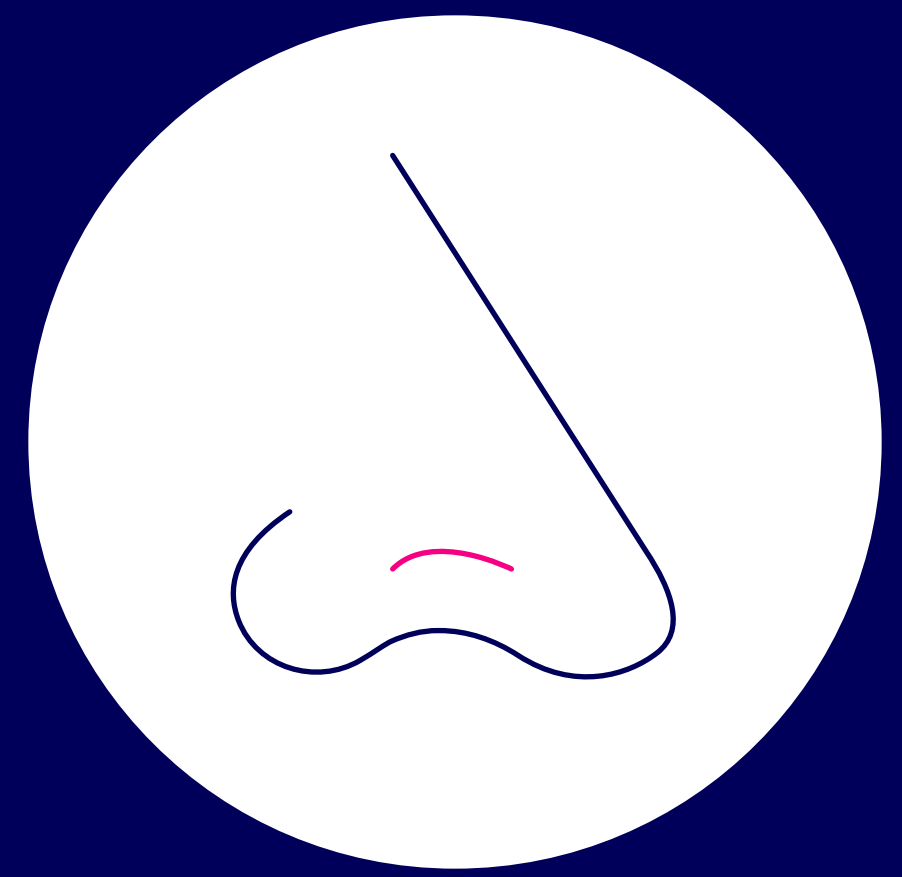
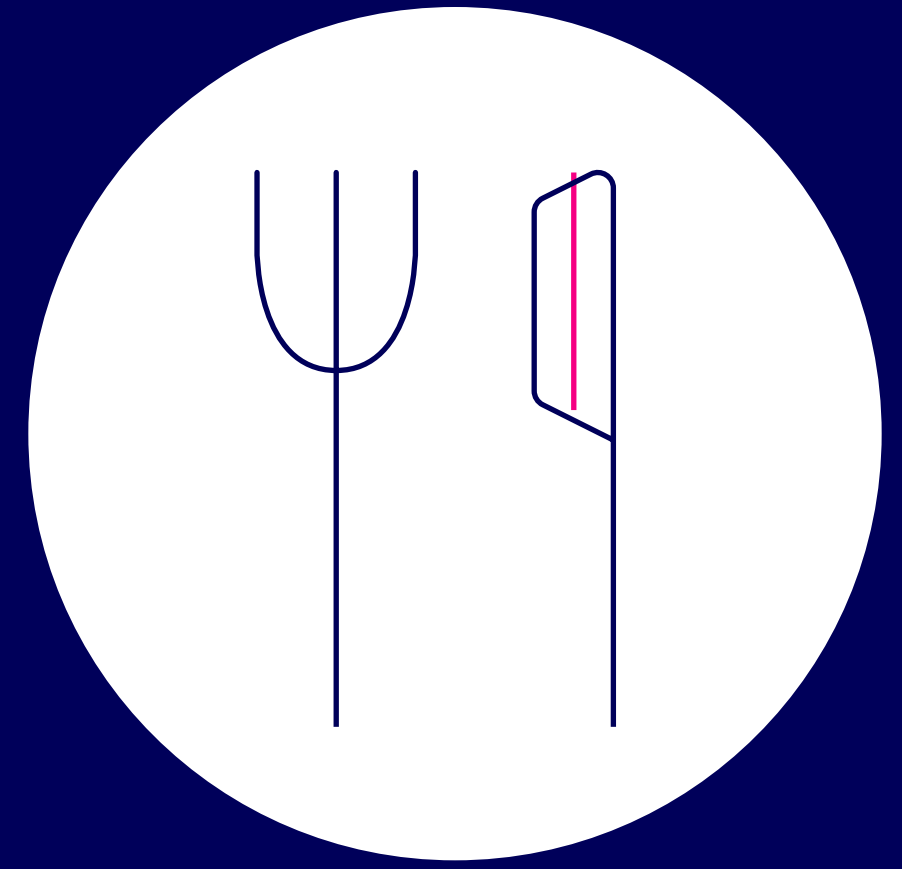


When to wash your hands

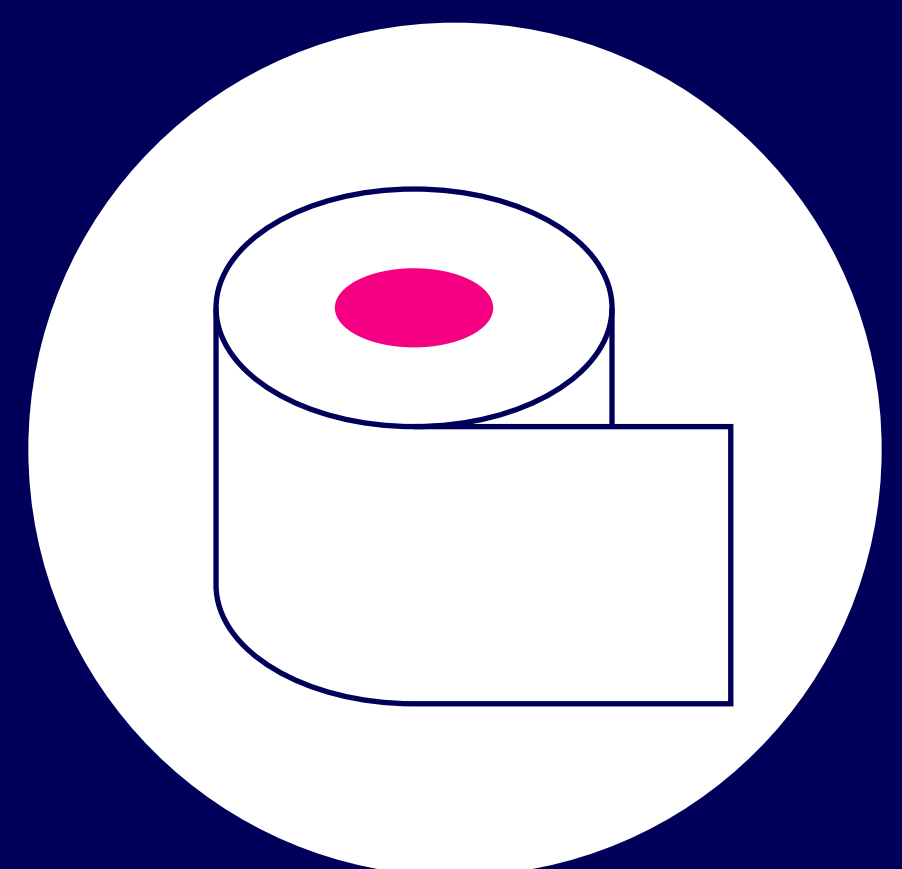
After **blowing your nose**, coughing, or sneezing¹



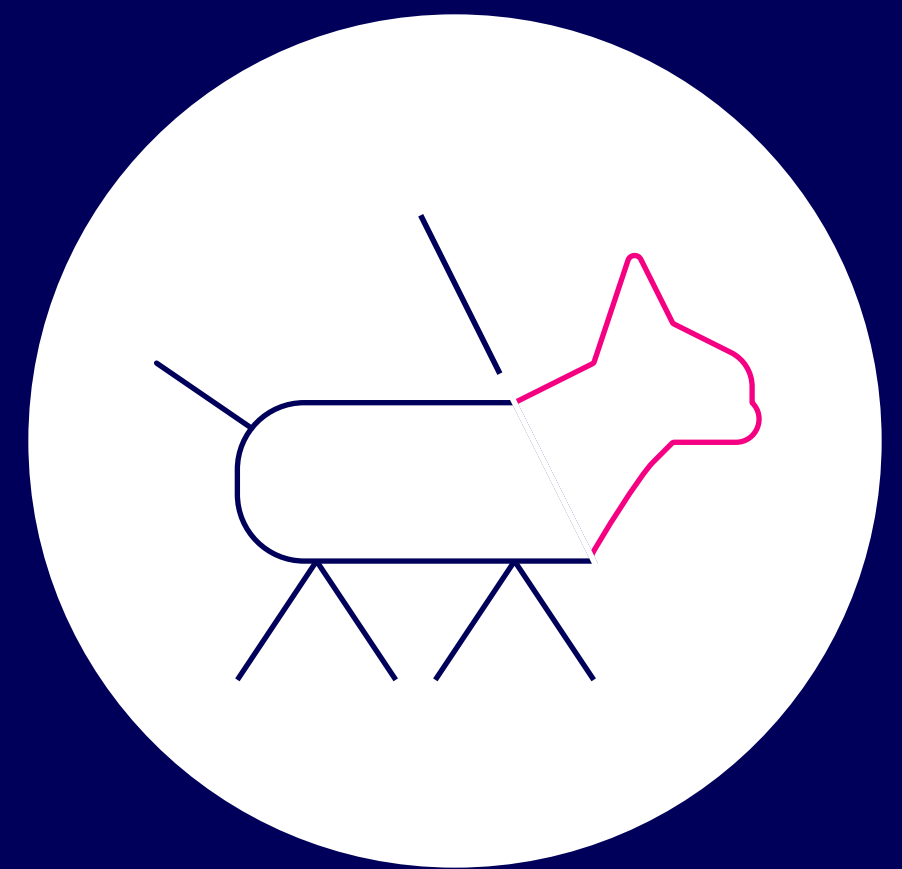
Before and after **preparing food and eating**¹



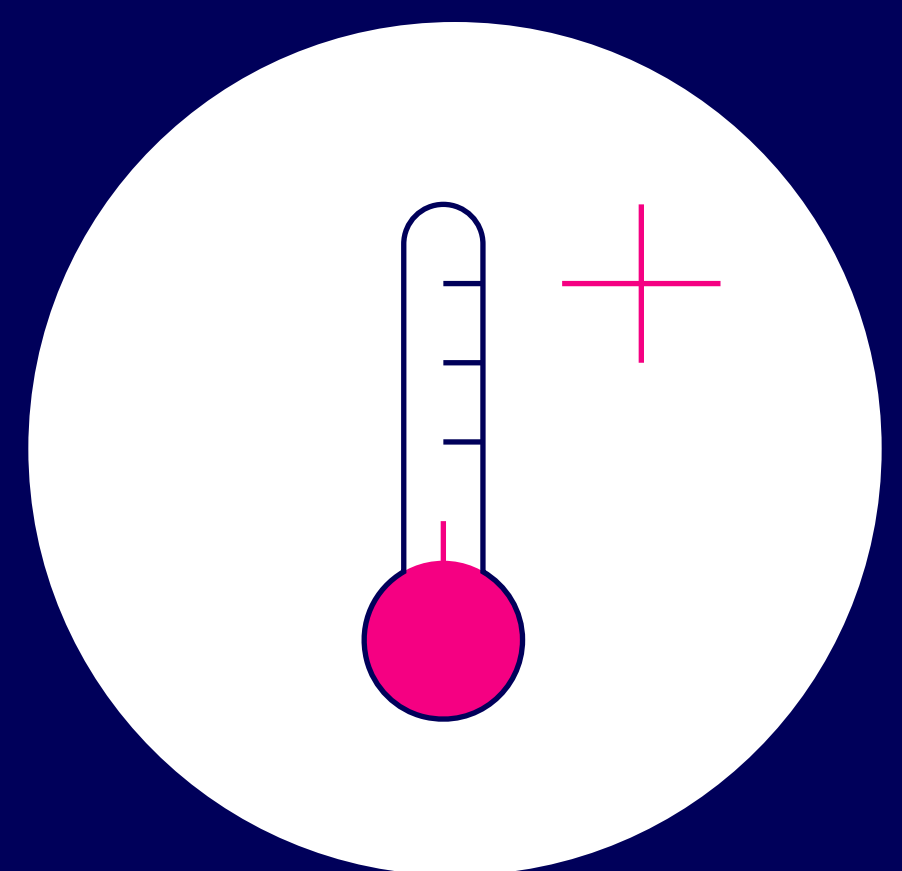
After **using the toilet** or coming into contact with faeces¹



After **touching a pet** and handling its food¹



Before and after **caring for a sick person** and treating a wound¹



After **touching rubbish**¹

